



The 45th Annual Greenville Orthopedic Day

**42nd J. Warren Wright, MD, Orthopedic Lecture:
Hip Preservation and Hip Arthroscopy**

Friday, May 21, 2021

Robert Coleman Medical Staff Auditorium
Prisma Health Greenville Memorial Hospital
701 Grove Rd., Greenville, SC 29605

45th Annual Greenville Orthopedic Day

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7–8 a.m.: Continental breakfast & registration

8 a.m.–3:30 p.m.: Educational program

Intended audience:

Physicians, nurses, nurse practitioners, physician assistants, physical therapists, athletic trainers and other interested healthcare providers and academic faculty

About J. Warren White, MD

These lectures honor J. Warren White, MD, who became the first chief surgeon of Shriners Hospital, Honolulu, in 1924. In 1927, he left Honolulu to serve as the first chief surgeon of Shriners Hospital, Greenville, a position he held until he returned to Honolulu in 1949. He continued as chief surgeon there until his death in 1957.

Goals

1. To educate our residents, staff and community physicians on principles of hip preservation and management, both arthroscopically and open.
2. To educate our residents, staff and community physicians on the differential of hip pain, dysplasia, femoroacetabular impingement and microinstability.
3. To educate our residents, staff and community physicians on leadership challenges in the young surgeon.

Objectives

At the conclusion of this program, participants should be able to:

1. Describe the different principles of management of hip preservation in the young adult.
2. Formulate a differential diagnosis of hip pain in the young adult and distinguish among hip dysplasia, impingement and instability.
3. To better understand the leadership challenges for the young orthopedist in practice.

Program agenda

7:00–8:00 a.m.	Continental breakfast and registration
8:00–8:15 a.m.	Opening remarks, history of Greenville Orthopedic Day <i>Kyle Jeray, MD</i> <i>Moderator: Jason Folk, MD</i>
8:15–9:00 a.m.	Evolution of Hip Arthroscopy: A Personal Journey – Innovation out of Necessity <i>J.W. Thomas Byrd, MD</i>
9:00–9:15 a.m.	Discussion
9:15–10:00 a.m.	Hip Preservation: The Good, the Bad and the Ugly <i>Matthew Schmitz, MD</i>
10:00–10:15 a.m.	Discussion
10:15–10:30 a.m.	Break
10:30–11:30 a.m.	<i>Moderator: Keith Gettys, MD</i> Case Presentations and Discussion Orthopedic Surgery Residents <i>Shea Ray, MD</i> <i>Julia Bedard, MD</i> <i>Kyle Altman, MD</i> <i>Erin Pichiotino, MD</i> <i>Markus Loeffler, MD</i> <i>William Marshall, MD</i> <i>Cory Smith, MD</i> <i>Austin Cole, MD</i>
11:30 a.m.–12:30 p.m.	Lunch <i>Moderator: Thomas Schaller, MD</i>
12:30–1:15 p.m.	Hot Seat <i>Matthew Schmitz, MD</i> <i>J.W. Thomas Byrd, MD</i> <i>Moderator: Christopher Bray, MD</i>
1:15–2:00 p.m.	Precocious Leadership: The Military and Orthopedics <i>Matthew Schmitz, MD</i>
2:00–2:15 p.m.	Discussion
2:15–3:00 p.m.	Clinical Assessment of Hip Problems – A Surgeon's Perspective <i>J.W. Thomas Byrd, MD</i>
3:00–3:15 p.m.	Discussion
3:15–3:30 p.m.	Closing remarks and adjourn Ortho Day 2022 – Trauma with Dr. Della Rocca and Dr. Stannard <i>Christopher Bray, MD</i>

Speakers



Matthew R. Schmitz, MD

Dr. Schmitz is a Colonel select in the United States Air Force. He serves as the Chair of the Department of Orthopaedic Surgery at San Antonio Military Medical Center. He is also the Chief

of Pediatric Orthopaedics/Adolescent Sports Medicine Service and Chief of the Young Adult Hip Preservation Service. He graduated with honors from the U.S. Air Force Academy and Loyola University Chicago Stritch School of Medicine and was the recipient of Loyola's Early Career Achievement Award. Dr. Schmitz was a standout collegiate rugby player and played with the USA national rugby team while in medical school. He is now a team physician for USA Rugby and traveled with the team for the 2015 Rugby World Cup in England.

Dr. Schmitz continues to serve in the U.S. Air Force and has deployed to Afghanistan in support of Operation Enduring Freedom. Dr. Schmitz has an extensive academic medical background, lecturing nationally and internationally on a variety of topics, with his main research area being hip disease and sports injuries in children and young adults. He is a member of numerous multicenter research consortiums and has faculty positions at the Uniformed Services University of Health Sciences and Baylor University.

Dr. Schmitz serves on multiple national committees for AAOS, POSNA, AAP, PRISM, AOA and on the Board of Directors as the First Vice President for the Society of Military Orthopaedic Surgeons. He recently completed a year in the last class of the AAOS Leadership Fellows Program and is currently the Deputy Editor for Social Media for *The Journal of Bone and Joint Surgery*.



J.W. Thomas Byrd, MD

Dr. Byrd is the founder of the Nashville Sports Medicine & Orthopaedic Center and Past President of both ISHA the Hip Preservation Society and the Arthroscopy Association of

North America (AANA). He is team physician for the Tennessee Titans, has served as physician for the U.S. Olympic team and is a consulting orthopedic surgeon for many professional sports franchises (the NFL, NHL, NBA, WNBA, MLB and MLS) and for players from the PGA, LPGA and ATP. He is a Clinical Professor, Vanderbilt University, Department of Orthopaedic Surgery and Rehabilitation, and serves on the Advisory Board for the Titleist Performance Institute (TPI).

Dr. Byrd developed the technique of hip arthroscopy that is most popularly used around the world. He pioneered many of the specific surgical procedures for hip arthroscopy and invented numerous instruments that have revolutionized aspects of orthopedic surgery. He has authored three textbooks on hip arthroscopy, edited numerous other texts and journals, and has published over 100 scientific papers, technical and review articles, and book chapters. He was one of the leaders for defining and developing the role of less invasive arthroscopic techniques in and around the hip.

Registration

**Registration is required by May 8.
NO REGISTRATION FEE IS REQUIRED
FOR THIS EDUCATIONAL ACTIVITY.**

Register for this educational activity at
[https://ghscme.ethosce.com/
content/2021OrthoDay](https://ghscme.ethosce.com/content/2021OrthoDay)

Accreditation

The University of South Carolina School of Medicine Greenville – Prisma Health (USCSOMPH) designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of South Carolina School of Medicine Greenville – Prisma Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Resident case presentations

Shea Ray, MD, PGY-5 Resident
Department of Orthopedic Surgery

Cory Smith, MD, PGY-5 Resident
Department of Orthopedic Surgery

William Marshall, MD, PGY-5 Resident
Department of Orthopedic Surgery

Julia Bedard, MD, PGY-4 Resident
Department of Orthopedic Surgery

Erin Pichiotino, MD, PGY-4 Resident
Department of Orthopedic Surgery

Markus Loeffler, MD, PGY-4 Resident
Department of Orthopedic Surgery

Kyle Altman, MD, PGY-4 Resident
Department of Orthopedic Surgery

Austin Cole, MD, PGY-3 Resident
Department of Orthopedic Surgery

Planning committee

Christopher Bray, MD
Assistant Program Director, Department of Orthopedics

Jason Folk, MD
Clinical Faculty, Department of Orthopedics

Kyle Jeray, MD
Chair, Department of Orthopedics

Timothy McHenry, MD
*Vice Chair, Quality & Medical Staff Affairs,
Departments of Orthopedics and Neurosurgery*

Scott Porter, MD, MBA, FACS
Clinical Faculty, Department of Orthopedics

Thomas Schaller, MD
Program Director, Department of Orthopedics